



Sandringham School eSafety Information for Parents



"Swimming pools can be dangerous places, so we teach children to swim...."

Firstly, let's keep the benefits and risks in perspective. **93%** of European children say that they have never been bullied online (UK Council for Child Internet Safety 2011).

Modern children live in a digital world, and derive enormous benefits from ready access to information and social contacts. **83%** of UK teens have visited a social networking site and **29%** say that it has helped them to be less shy and become more confident (Pew Internet research).

It is just about a sensible reduction of risks and for parents to try to keep pace with their children's changing digital lives.

Tell your children to be SMART

Risk Management



- Reduce availability (setting boundaries, limiting time online)
- Restrict access (parental control software, safety modes in Google, YouTube etc.)
- Increase their resilience to harmful and inappropriate material (education and discussion)

Top Resources



<http://www.childnet.com/resources/kia/>

http://www.theparentzone.co.uk/parent/information/digital_parenting

<http://kids.getnetwise.org/tools/>

<https://www.thinkuknow.co.uk/parents/Secondary/>

<http://www.ceop.police.uk/>



S SAFE: Keep safe by being careful not to give out personal information – such as your full name, email, phone number, home address, or school name – to people who you don't trust online.

M MEETING: Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.

A ACCEPTING: Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

R RELIABLE: Someone online might lie about who they are, and information on the internet may not be reliable. Check information or advice with other websites, books, or someone who knows.

T TELL: Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.



Practical 'How to' guides on setting parental controls, safety modes for YouTube and more:

http://www.vodafone.com/content/parents/digital-parenting/view_all_magazines.html



How to set up controls offered by your Internet provider
<http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parental-controls>